

Recurrence of Injury Post Return to Play Following Lateral Ankle Sprain



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Lateral Ankle Sprain

- Inversion of the ankle
- Recurrence of injury
 - Increased long term deficits



Results

- Retrospective of D-1 Athletes
- Confidence interval of 0.23-1.97
- Small sample size

Risk of Any Ankle Sprain Following an Ankle Sprain			
Time Loss	Occurrence of Noncontact Lower Extremity Injury		
	0	1	Total
No Time Lost	87 91.58	8 8.42	95
Time Lost	84 94.38	5 5.62	89
Total	171	13	184

Looking Forward

- Increase sample size
- Increase variable groups
- Look at other factors at play

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