

Abstract

This review is an exploration of the relationship between parental substance use and children's emotion regulation. Previous research has shown that, in addition to a direct link between parental substance use and children's emotion regulation, third variables such as emotion socialization and emotional engagement may play a key role in the development of children's emotion regulation. Models for intergenerational transmission of emotion regulation capacities highlight the role of parents' emotion regulation in the development of children's emotion regulation and allude to the potential impact of other parent-related variables. This review provides support for potential mediators of the relationship between parental substance use and children's emotion regulation, including parent emotion regulation, negative parenting behaviors, attachment security, and parental psychological distress.

Keywords: parental substance use, substance use, children's emotion regulation, parental emotion regulation, emotion regulation, parent-child interactions