

Neuroimmune Effect of MDMA on Dorsal Hippocampus in Heroin Withdrawal

M. Keller, J. Sain, C. Cardinale, S. Parekh, PhD., D. Lysle, PhD.



THE UNIVERSITY
of NORTH CAROLINA
at CHAPEL HILL

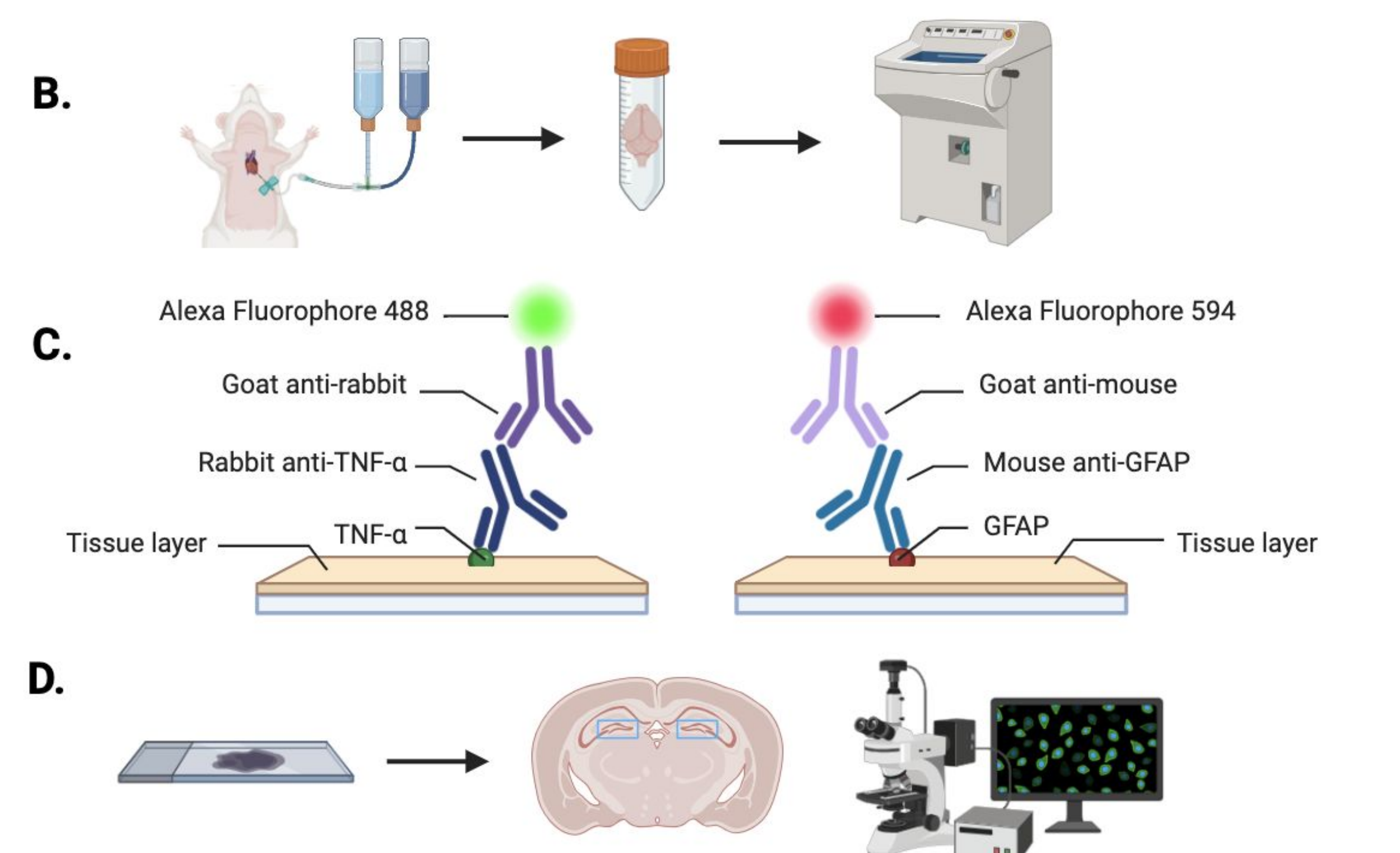
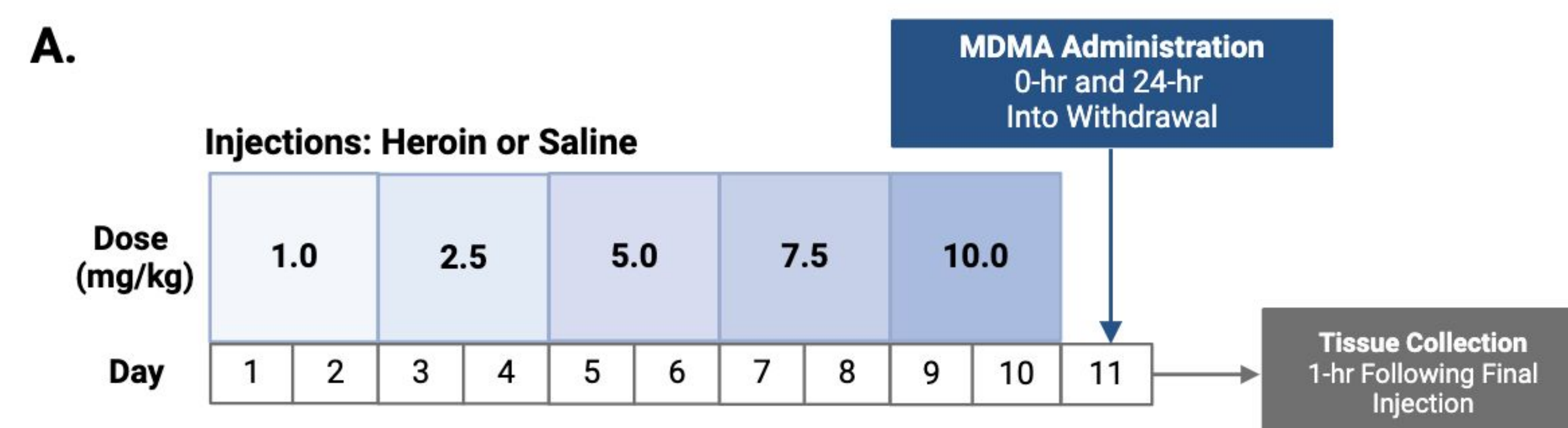
INTRODUCTION

- 33% of people with opioid use disorder (OUD) have post-traumatic stress disorder (PTSD), compared to 5% of the population.^{1,2}
- Heroin withdrawal increases the dropout rate for PTSD therapy.² Additionally, only 6.8% of comorbid individuals receive treatment for both disorders.¹
- Heroin withdrawal can lead to an inflammatory phenotype, increasing levels of TNF- α , and has been shown to produce a PTSD phenotype in rats.³
- MDMA is a promising new treatment for PTSD, and has shown anti-inflammatory effects in the dorsal hippocampus, a region implicated in hyperarousal and fear learning.⁴
- Our study explores the neuroimmune mechanism of MDMA and how it may be useful in the treatment of OUD in addition to PTSD.
- Our results aim to establish the neuroimmune effect of MDMA on TNF- α and GFAP in the dentate gyrus (DG) of the dorsal hippocampus (DH).

HYPOTHESIS

- I. Heroin withdrawal will increase TNF- α and GFAP expression in the DH.
- II. MDMA administration during withdrawal will decrease TNF- α and GFAP expression in the DH.

EXPERIMENTAL DESIGN



- A. Experimental timeline.** Chronic escalating heroin and withdrawal paradigm. Rats given MDMA or saline 0-hr and 24-hr into withdrawal.
- B. Tissue preparation.** Rats were sacrificed by transcardial perfusion 1-hr following final injection. Brains were post-fixed in 4% paraformaldehyde in 0.1 M phosphate buffer, and 30% sucrose with 0.1% sodium azide were used for cryoprotection. 40 μ m coronal sections were cut on a cryostat.
- C. Immunohistochemistry.** Tissues were stained with rabbit anti-TNF- α (Ab66579), goat anti-rabbit 488 (A11008), mouse anti-GFAP (Ab-6-1376P), and goat anti-mouse 594 (MS1376P).
- D. Mounting and imaging.** Tissues were mounted onto slides with DAPI and coverslipped. Fluorescent widefield microscopy was used to image the DG of the DH.

RESULTS

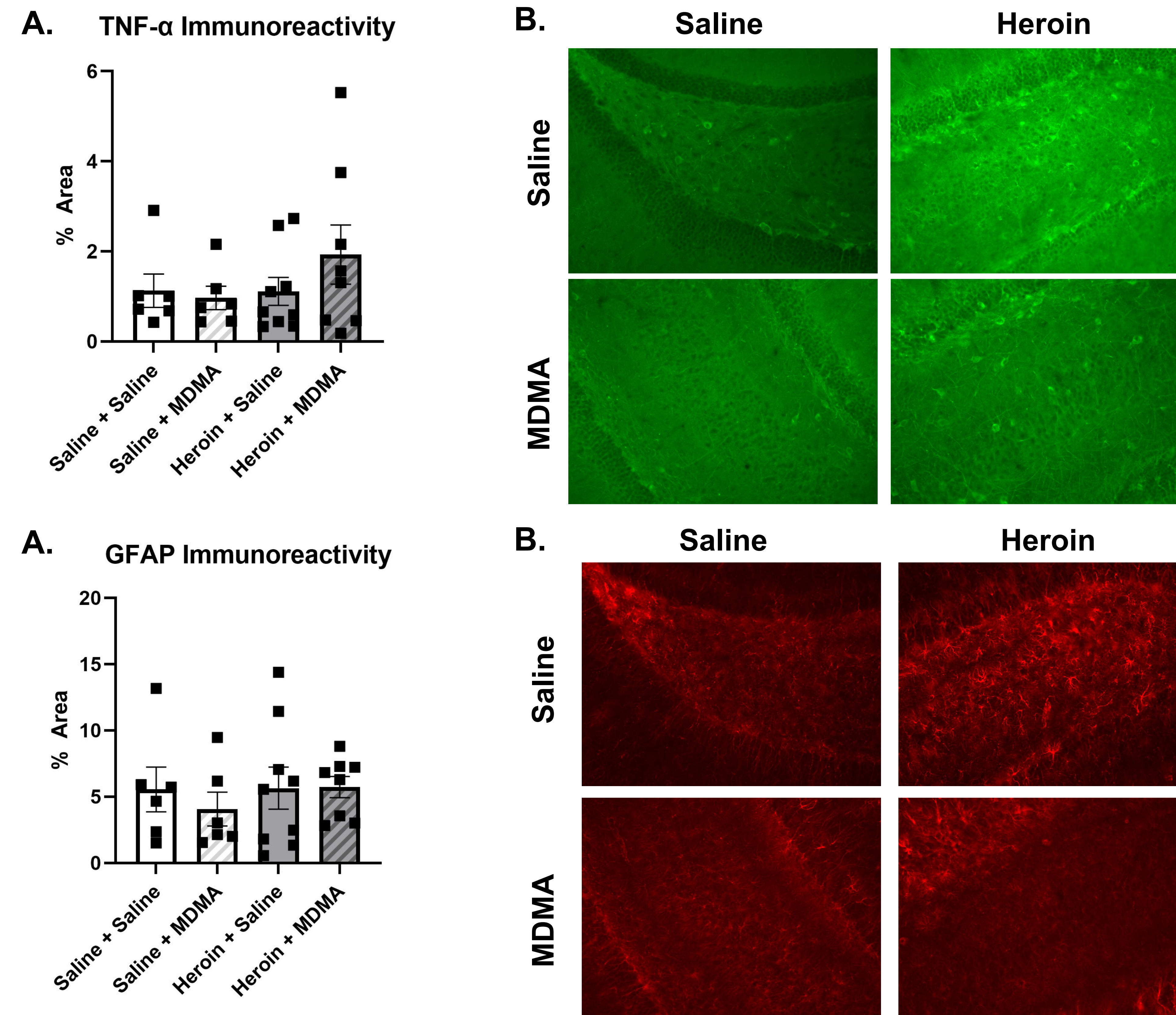


Figure 1. TNF- α immunoreactivity does not significantly differ among saline-saline (n=6), saline-MDMA (n=6), heroin-saline (n=10), or heroin-MDMA (n=8) treated rats. A) Percent (%) area TNF- α immunoreactivity did not significantly differ between treatment groups. **B)** Representative 20X widefield fluorescent images of TNF- α IHC staining in the DG.

Figure 2. GFAP immunoreactivity does not significantly differ among saline-saline (n=6), saline-MDMA (n=6), heroin-saline (n=10), or heroin-MDMA (n=8) treated rats. A) Percent (%) area GFAP immunoreactivity did not differ significantly between treatment groups. **B)** Representative 20X widefield fluorescent images of GFAP IHC staining in the DG.

DISCUSSION

- No significant difference in TNF- α or GFAP immunoreactivity was found between heroin-withdrawn and control rats.
 - Additionally, no significant difference in TNF- α or GFAP immunoreactivity was found when MDMA was administered.
- These results conflict with previous research that has demonstrated that heroin withdrawal increases TNF- α immunoreactivity in the DG. One explanation for these results may be that the rats given heroin did not experience withdrawal.³
 - We can not confirm if withdrawal was present, which presents a major limitation.
 - This study acquired antibodies from a new lot source which could have contributed to the insignificant data.
- A previous study found that MDMA significantly reduced IL-1 β expression, a pro-inflammatory cytokine, in the DG in a PTSD animal model.⁴ However, this effect was not seen for TNF- α or GFAP.⁴
 - Other evidence has shown that MDMA reduces TNF- α expression in animals exposed to a lipopolysaccharide (LPS) immune challenge.⁵
- Future studies may:
 - Repeat the experimental procedure, collecting weight measurements to determine if withdrawal is present.
 - Examine the influence of MDMA on other pro-inflammatory cytokines like IL-1 β and on the microglial marker Iba-1.

REFERENCES

1. Dahlby, L., & Kerr, T. (2020). PTSD and opioid use: Implications for intervention and policy. *Substance Abuse Treatment, Prevention, and Policy*, 15(1), 22. <https://doi.org/10.1186/s13011-020-00264-8>
2. Mitchell, J. M., O'Alora G., M., van der Kolk, B., Shannon, S., Bogenschutz, M., Gelfand, Y., Paleos, C., Nicholas, C. R., Quevedo, S., Balliett, B., Hamilton, S., Mithoefer, M., Kleiman, S., Parker-Guilbert, K., Tzarfaty, K., Harrison, C., de Boer, A., Doblin, R., & Yazar-Klosinski, B. (2023). MDMA-assisted therapy for moderate to severe PTSD: A randomized, placebo-controlled phase 3 trial. *Nature Medicine*, 29(10), Article 10. <https://doi.org/10.1038/s41591-023-02565-4>
3. Parekh, S. V., Paniccia, J. E., Adams, L. O., & Lysle, D. T. (2021). Hippocampal TNF- α Signaling Mediates Heroin Withdrawal-Enhanced Fear Learning and Withdrawal-Induced Weight Loss. *Molecular Neurobiology*, 58(6), 2963–2973. <https://doi.org/10.1007/s12035-021-02322-z>
4. Parekh, S. V., Adams, L. O., Barkell, G. A., & Lysle, D. T. (2022). MDMA administration attenuates hippocampal IL-1 β immunoreactivity and subsequent stress-enhanced fear learning: An animal model of PTSD. *Brain, Behavior, & Immunity - Health*, 26, 100542. <https://doi.org/10.1016/j.bbih.2022.100542>
5. Connor, T. J., Kelly, J. P., McGee, M., & Leonard, B. E. (2000). Methylendioxyamphetamine (MDMA; Ecstasy) suppresses IL-1 β and TNF- α secretion following an in vivo lipopolysaccharide challenge. *Life Sciences*, 67(13), 1601–1612. [https://doi.org/10.1016/S0024-3205\(00\)00743-8](https://doi.org/10.1016/S0024-3205(00)00743-8)

ACKNOWLEDGEMENTS

This research was generously funded by NIDA R21 DA048241 and NIAAA R21 AA027563.