Introduction
Latinx Immigrant Population in the U.S.
- Population has grown tremendously over past 20 years
  - 50% of 44 million immigrants belonged to Latin American countries (Budnitz, 2020)
- Population has expanded to multiple generations and statuses
- Lives of Latinx immigrant youth combine experiences of caregivers and their own

Acculturation & Acculturative Stress
- Individual balances their membership in two cultural groups (Benuto et al., 2019)
- Stress results from intersecting aspects of acculturation
- Used to explore negative impacts on mental health and sense of belonging; intrapsychic protective factors; and ways of resilience (Smokowski & Bacallao, 2006)

Theoretical Frameworks
- Bronfenbrenner’s Ecological Systems Theory (1977): theory used to identify various influences on individuals’ lived context
- Berry’s Acculturation Model (1979): model used to study cultural identity formation

The Current Study
Research Goals
- Addressed research gap by focusing on sources, not outcomes of acculturative stress
- Identified and arranged sources of acculturative stress according to Bronfenbrenner’s theory

Summary of Methodology
- Thematic analysis of peer-reviewed literature and media articles
- Comprehensive literature review

Research Questions
- What are the potential sources of acculturative stress for Latinx immigrant youth according to Bronfenbrenner’s Ecological Systems Theory?
- What are possible interactions between the four ecological systems that may influence the sources of acculturative stress?

Methods
Scope of Search
- Two platforms: UNC-Chapel Hill’s Articles+ database; Google Scholar
- Primary keywords reflected population and topic of interest
- Secondary keywords stretched across three search domains
- Acculturation and individual identity development
- Relationships to families, communities, and systems
- Distinct systems & legal institutions

Search Criteria
- Published within past 20 years
- Acculturative/acculturative stress was foundation of research
- If empirical, population sample consisted of Latin immigrant youth
- If media article, demonstrated credibility through ethical standards

Analysis Plan
- Identified primary and child codes
- Utilized Word Frequency Query
- Produced primary and secondary themes

Literature Review Results

<table>
<thead>
<tr>
<th>Ecological System</th>
<th>Settings (Primary Themes)</th>
<th>Potential Sources of Acculturative Stress (Secondary Themes)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Microsystem</td>
<td>Family</td>
<td>Familial differences in acculturation; Stressful roles within the family; Disrupted family functioning due to immigration-related events</td>
</tr>
<tr>
<td>Peer Relationships</td>
<td></td>
<td>Peer influence on their acculturation; Negative peer interactions</td>
</tr>
<tr>
<td>School</td>
<td></td>
<td>Lack of understanding towards the Latin immigrant student population; Low number of Latina/Latino personnel; Limited cultural specific resources</td>
</tr>
<tr>
<td>Exosystem</td>
<td>Larger Community</td>
<td>Negative community reception of the Latin immigrant population</td>
</tr>
<tr>
<td>Macroystem</td>
<td>U.S. Society</td>
<td>Negative societal perception of Latinx immigrants; Systemic discrimination</td>
</tr>
<tr>
<td></td>
<td>U.S. Public Policy</td>
<td>Harmful immigration policies; Increased immigration enforcement</td>
</tr>
</tbody>
</table>

Discussion
Main Findings
- Literature review demonstrated that potential sources of acculturative stress can originate within multiple contexts embedded in lives of Latinx immigrant youth

Second Research Question Findings
- Family unit in the Microsystem is significant to sources of acculturative stress for Latinx immigrant youth
- Influenced other settings and sources of acculturative stress in Microsystem, Exosystem, and Macrosystem
- Sources of acculturative stress in Macrosystem can influence acculturative stress across three ecological systems
- Societal perception
- Discrimination
- Reflected in research on outcomes of acculturative stress
- Translating acculturative stress across ecological systems can lead to better interpretation and application

Limitations
Exclusion of Chronosystem
- Outcomes ecological system focused on time
- Could have provided a framework for sources of acculturative stress in the Macrosystem
- Societal perceptions and public policy toward Latinx immigrant population has transformed since 2016

Exclusion of Contextual Factors
- Geographic and immigration context are relevant to ecological systems and sources of acculturative stress
- Empirical studies typically focused on states with historically large Latinx immigrant population
- Exclusion of diverse experiences of acculturative stress in states that have a growing population

Implications & Future Directions
Mental Health Professionals
- Recognize acculturative stress when addressing mental health
- Offer culturally specific ways to build resilience

Educators and School Administrators
- Incorporate cultural and linguistic humility to create inclusive school environment

Community Leaders
- Outreach to understand needs and strengths of local population
- Innovation of culturally specific resources and advocacy efforts to support population

Researchers
- Qualitative studies that incorporate lived experiences of Latinx immigrant youth
- Recommendations: Narrow participant sample; Semi-structured interviews; Connect sources, protective factors, and outcomes of acculturative stress

References